



MINDFULNESS IN CHILDREN

Understanding mindfulness, and how to manage and motivate your class, will make teaching English a whole lot easier!

This short course (10 hours) will develop your understanding of mindfulness and childhood development, to help you to get the most from your students through positivity and encouragement.

Why take this course?

- Great way to get the most from your students.
- Prevent negative behaviour in the classroom.
- Fun for your students.
- Can benefits students with extra needs (special needs and high performers).



ADD MORE

FUN

INTO YOUR TEFL LESSONS

MINDFULNESS IN CHILDREN EXAMPLE



Want to see how you could use mindfulness in the TEFL classroom?
Check out the video below!



Ready to get started?

[View Mindfulness in Children Course »](#)



FIND OUT MORE

Call **0113 205 4610**
or email
tefl@i-to-i.com