# Your transferable skills

Below is a table to help you identify and record your own transferable skills and provide evidence of how you acquired and used them. Complete the table with any skills that will be relevant to your teaching application. Refer back to it when you come to write your CV or complete any applications in the future.

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| **Transferable Skill Examples of when I have developed this skill** |
| *Adaptability* | *Worked in a clothes shop as a shop assistant for 4 years. Owing to the fast pace of the business and large number of employees within the shop, I often had to change shifts or cover shifts, especially at busy periods.* |
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| **Transferable Skill Examples of when I have developed this skill** |
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